



## HAIR EXTENSIONS - CARE SHEET

Thank you for choosing to have hair extensions @ Delilah, below is a list that will help you to get the most out of them, keep them looking and feeling good and prolong their life.

- \* We recommend that you book a FREE appointment with us with us NO LATER than 3 months after the application of your hair extensions. This appointment will determine the re-slide/removal of your hair extensions.
- \* Correct choice of shampoo/conditioner – they must be SULFATE FREE and contain NO PROTEIN (we have a premium range to purchase at the studio).
- \* Separation of your hair extensions is to be done daily, starting from the roots (micro rings) through to the ends. This will ensure tangle free hair extensions.
- \* When brushing your hair extensions, hold them firmly at the root area with your hand, then brush starting from the ends of the hair moving toward the root, making sure you don't brush the very root/micro ring area. Please make sure NOT to pull too hard on the hair extensions. We recommend brushing them when they are dry.
- \* Make sure as you sleep, your hair extensions are either platted or put into thick pony tails (a hair tie placed at the root area, the midlengths and ends of the plat/pony tail).
- \* Heat styling of your hair extensions is allowed but it is NOT recommended for over use. Hair dryers and straightening irons will make your extensions look great, but abuse of these tools will damage your hair extensions, as they will with your natural hair also.
- \* If you choose to use heat styling tools, they are to be used AWAY from the root area and micro rings, heating of this area may result in damage to your hair extensions and your natural hair.
- \* It is recommended to use glosses, shine products and "Moroccan oils" on your hair extensions, these products will make them look and feel great. (we have premium products to purchase at the studio) Any product that is HYDRATING (but protein free) will be perfect for your hair extensions, also including weekly treatments and leave in treatments.
- \* Colouring your hair extensions is NOT recommended.