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## **HAIR EXTENSIONS – CARE SHEET**

**THE MOST IMPORTANT THING TO REMEMBER WITH ANY ASPECT OF LOOKING AFTER YOUR HAIR EXTENSIONS IS – BE GENTLE.**

Thank you for choosing to have hair extensions at Delilah.

Below is a list to help you look after your hair extensions and prolong their life.

- \* Through our experience, we say that it takes at least 2 weeks to adjust to your new hair extensions, especially if you are a first timer. During this time you may experience normal discomfort/tension, and may be a little bit nervous to handle your hair extensions, and notice every little thing about them.
- \* From the time you have your hair extensions applied, to the time you have them removed/re-applied, it is normal for a few to come loose or come away. You may not lose any at all! We generally say to budget to lose around 10% (this is just a guide and greatly depends on many factors like method used, your natural hair ect.) When this is looked at in perspective, over the course of the life of your extensions, if you have 100 hair extensions put in, you may lose 0 – 10.
- \* The human head loses 100 – 150 hairs a day, these hairs would generally fall free, but with hair extensions, these hairs get trapped in the attachments, and you may notice them, this is completely normal and shouldn't be interpreted as hair loss caused by hair extensions.
- \* It is recommended that you book a free follow-up appointment 2 weeks after the application of your hair extensions, this is so your

hair extension technician can check up on them and make sure everything is going right.

- \* Tape hair extensions should be removed and re-taped every 6 – 10 weeks.
- \* Micro rings/tubes, fusion and shrinkies should be removed and re-applied no later than after a six month period.
- \* Do not wash hair extensions for 48 hours after application.
- \* Do not use any shampoo, conditioner or styling product that your Delilah hair extension technician does not recommend, certain sulphates and proteins in hair care products may damage your hair extensions and void any warranty that Delilah Hair Studio may give you.
- \* When washing your hair, pay special attention to your scalp around the hair extensions, do not scrub at the root of your extensions, wash your hair in more of a “patting” motion. There is no need to put extra shampoo on your hair extensions, the shampoo running through them when rinsing is enough to clean them.
- \* When conditioning your hair extensions, gently work the conditioner through your mid-lengths and ends AVOIDING the scalp area.
- \* Do not brush your hair extensions when wet, when brushing your hair extensions, support the hair with one hand at the root to remove tension, start brushing at the ends, and work your way up NOT BRUSHING AT THE ROOTS.
- \* To avoid your own hair matting, separation of your hair extensions should be done daily, starting at the roots and moving through to the ends with your fingers.
- \* Loosely plaiting or tying up your hair extensions before you go to bed is absolutely necessary.
- \* Do not colour your hair extensions, this will void any warranty Delilah Hair Studio may give you.

- \* If the regrowth on your natural hair needs to be coloured, we can do it for you by carefully colouring around your hair extensions. Having your hair coloured at another studio or colouring your hair at home may void any warranty Delilah Hair Studio may give you.
- \* Heat styling of your hair extensions is ok, a heat protectant recommended by your technician MUST be used. Please keep in mind that over frequently using heat styling tools will damage your hair extensions, as it will your natural hair.
- \* Heat styling tools MUST be kept away from the roots and bonds of your hair extensions at all times.
- \* We have an amazing range of products that we highly recommend for hair extensions available at our studio, it is called SEXY HAIR, information on this range is available on our products web page, or you can call/email us to discuss the range and your product needs.
- \* Always use a shine serum recommended by your Delilah technician.
- \* If other questions may arise that are not covered on this care sheet, please call/email us or make an appointment to come and see us, we are always here to offer follow up help and advice.